

# Net More 500 ILH

## Table of Cover effective from June 12th 2018

This table of cover must be read in conjunction with your member certificate and Tailored Health Plans membership handbook effective from June 2018. The hospitals and treatment centres covered on this plan are set out in List C in Part 12 of your Tailored Health Plans membership handbook.

In Patient Benefits	
Hospital Cover	
Consultants fees (In selected hospitals only)	Covered
Inpatient Scans (In selected hospitals only)	Covered
Public Hospital (in selected hospitals only)	
Semi Private Room	Covered
Private Room	Semi-Private Rate
Day Case	Covered
Private Hospital (in selected hospitals only)	
Semi Private Room	Covered subject to €500 excess per claim subject to €2,000 co-payment on certain orthopaedic procedures. <sup>(1)</sup>
Private Room	Semi-Private Rate subject to €500 excess per claim subject to €2,000 co-payment on certain orthopaedic procedures. <sup>(1)</sup>
Day Case	Covered subject to €50 excess per claim
High Tech Hospital (in selected hospitals only)	
Semi Private Room	Not covered on this plan
Private Room	Not covered on this plan
Day Case	Not covered on this plan
Listed Cardiac Procedures <sup>(1)</sup>	Not covered on this plan
Listed Special Procedures <sup>(1)</sup>	Not covered on this plan
Maternity Benefits	
Public hospital cover for maternity	3 nights accommodation in a private room
Inpatient maternity consultant fees	Covered up to €885
Newborn free till next renewal	Yes
Psychiatric Treatment	
Not related to substance abuse	100 days (up to the level of Hospital Cover provided under your plan)
Related to substance abuse	91 days per 5 years (up to the level of Hospital Cover provided under your plan)
Other Benefits	
Health in the Home	Covered (Immediately following an inpatient stay)
Minor Injury Clinic Cover	70% up to €200 per visit
Convalescence benefits	€26 x 14 days

Cancer Support Benefit (for accommodation expenses when travelling more than 50km)	Up to €100 per day up to a maximum of €1500 per calendar year
Medical ambulance costs	Covered (refer to Membership Handbook)
Employee assistance program	Covered for 6 face to face visits

### Outpatient Benefits (not subject to excess)

Nurse on call	Covered
Digital Doctor	Unlimited. See irishlifehealth.ie for further information.
HPV Vaccine	50% up to €200 per policy year
MRI Scan: approved centre	Covered
CT Scan: approved centre	Covered
PET-CT Scan: approved centre	Covered

### Outpatient Benefits (subject to excess)

Outpatient excess per person	€125
Maximum amount of outpatient benefits per member per policy year	€4000
Consultant fees (non-maternity)	€80 per visit
GP Visits	€20 per visit
Public A&E Cover	€80 x 1 visit
Medical and surgical appliances	As per specified list <sup>(2)</sup>
Manual Lymph Drainage	Up to €300
Pathology: Cost of test	50% Cover
Pathology: Consultant fees	50% per consultant fee
Radiology: Cost of test	50% Cover
Radiology: Consultant fees	50% per consultant fee
MRI Scan: non approved centre	Not covered on this plan
CT Scan: non approved centre	Not covered on this plan
PET-CT Scan: non approved centre	Not covered on this plan

### Personalised Packages

#### Enhanced Maternity

3&4D Scans (provided by Babyscan or MD Ultrasound)	€25 point of sale discount plus €25 contribution
AMH Fertility Test	€50 contribution
Baby Massage	€40 for course of 4 classes
Baby sleep consultation	€20 point of sale discount plus €20 contribution
Baby swimming classes	10% point of sale discount plus 10% contribution
Breastfeeding Consultancy	€25 x 2 visits
Early Pregnancy Scan	€15 point of sale discount plus €15 contribution
Maternity mental health Support	€40 x 8 sessions with Nurture
Fertility Treatment at Beacon CARE fertility	10% discount on listed procedures <sup>(1)</sup>
His & Hers Fertility Screening tests	€40 contribution

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Home Birth grant-in-aid	€4,000
Home Early support following 1 night stay in hospital	2 hours midwife and 3 x 3 hours with postnatal supporter
Home Early Support following 2 nights stay in hospital	1 hour midwife and 2 x 3 hours with postnatal supporter
Partner Benefit	€40 per birth
Paediatrician consultation	€100 x 1 visit
Postnatal domestic support	2 x 3 hour cleaning sessions
Postnatal Support	1 x 3 hour session with postnatal supporter
Pre/Post Natal maternity costs	Covered up to €300
Zika Screening	€50 contribution with our provider partner plus €10 point of sale discount
Ante-natal Class	€50 towards an antenatal class, or, €50 contribution & 10% point of sale discount with GentleBirth Workshop
Pre/Post Natal yoga & pilates	€20 x 2 visits
Welcome home food hamper	Hamper and 30 minute phone consultation with a nutritionist
GentleBirth App Access	See handbook for details
<b>Sports Cover</b>	
A&E Cover (including Private A&E)	€30 x 2 visits
Adult Athletics Ireland membership	€30 contribution
Adult Sports Club/Gym Membership	€30 contribution
Fitted Gum Shield / Protective Sports gear	50% back up to €20
Foam Roller	50% back up to €30
Health screen	€50 x 1 per policy year
Metabolic testing	Fully covered for a standard test with Health Matters
Personal Training Sessions	€25 x 3 sessions
Physiotherapist or Physical therapist	€25 x 3 visits
SADS Screening	€50 contribution
Sports Massage	€25 x 3 visits
Sports Psychologist	€25 x 3 visits
V02 Max Testing	€10 point of sale discount plus €20 contribution
Wearable trackers	€20 contribution
<b>Complementary Therapy</b>	
Acupuncturist	€25 x 3 visits
Chiropractor	€25 x 3 visits
Massage Therapist	€25 x 3 visits
Nutritionist or Dietician	€25 x 3 visits
Osteopath	€25 x 3 visits
Physiotherapist or Physical therapist	€25 x 3 visits
Reflexologist	€25 x 3 visits
Reiki practitioner	€25 x 3 visits
<b>Women's And Men's Health</b>	
Acupuncturist visits	€25 x 3 visits

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Dexa Scan	€40 contribution
Flu vaccine	Fully covered with our provider partner
Health Screen	€30 x 1 per policy year
Lifestyle, family & emotional wellbeing coaching	Access to telephone support line - 1800 200247
Mammogram	€40 contribution
Mindfulness classes	€30 cash back
Nutritionist or dietician	€25 x 3 visits
Prostate check / screen	€40 contribution
Testicular check / screen	€40 contribution
Sexual Health Screening - Simple 2 Test	Covered
Sexual Health Screening - HPV	Covered
Sexual Health Screening - Standard 6 Test	30% point of sale discount plus €40 contribution
Smear testing	€40 contribution
Vasectomy (GP Only)	Covered up to €360
Weight management 10 week programme	15% point of sale discount plus 10% contribution with Motivation.ie
Yoga/Pilates classes	€25 x 3 classes
<b>International Health And Travel</b>	
Additional costs arising from in-patient claim	€1,500
Additional costs arising from out-patient claim	€500
Companion expenses	€1,000
In-patient A&E abroad	€100,000
Nurse 24/7 International	Covered
Out-patient A&E abroad	50% up to €1,000
Prescriptions abroad	€15 x 1 prescription
Repatriation expenses	€1,000,000
Travel Consultation	€30 contribution with our provider partner
Travel Vaccines	€50 contribution with our provider partner plus 10% point of sale discount
Elective Treatment abroad - up to the amount that would have been paid in Ireland	Covered
<b>Family And Kids Health</b>	
Adult Athletics Ireland Membership	€30 contribution
Flu vaccination	Fully covered with our provider partner
Baby Swimming Classes	10% point of sale discount plus 10% contribution
Child developmental tests	€30 point of sale discount plus €30 contribution
Child Nutritionist	€25 x 3 visits
Child speech & language therapist	€25 x 3 visits
Child Sports Club Membership	€30 contribution
Child/Teen Counselling	50% up to €30 x 8 visits
First Aid course for mums and dads	Fully covered with our provider partner
Parent accompanying child (no minimum stay)	€25 x 3 days
Parenting course	€50 contribution to 1 course

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Dental And Optical	
Contact lenses	10% online discount with provider partner
Emergency Dental Care	€350 contribution
Eye test with Opticalrooms	Fully covered (€35 point of sale discount plus €15 contribution)
Laser eye surgery	20% point of sale discount
One hour teeth whitening	10% point of sale discount plus 10% contribution up to max. of €25
Designer prescription glasses	€30 off the €149+ range with Opticalrooms
Retainers & fitted gum shields	€25 contribution
Orthodontic benefit	Up to €100 per policy year
X-ray, check up, scale and polish	€50 x 1 visit
Family Protection	
Flu Vaccine	Fully covered with our provider partner
First aid course for mums and dads	Fully covered with our provider partner
Meningitis B / Chicken Pox vaccines	€50 contribution
SADS Screening	€50 contribution

Member Benefits	
Allen Carr Smoking Cessation	Back Up
Laser Eye Surgery	Smiles Dental Access Package
For full details on the above and all member benefits available to you please visit the 'Member Benefits' section of <a href="http://www.irishlifehealth.ie">www.irishlifehealth.ie</a>	

Footnotes
(1) All procedure lists are available on <a href="http://www.irishlifehealth.ie">www.irishlifehealth.ie</a> or available on request by calling Irish Life Health on 1890 717 717.
(2) The medical and surgical appliances list is available on <a href="http://www.irishlifehealth.ie">www.irishlifehealth.ie</a> or available on request by calling Irish Life Health on 1890 717 717.