

# Nurture Plus ILH

## Table of Cover effective from June 12th 2018

This table of cover must be read in conjunction with your member certificate and Tailored Health Plans membership handbook effective from June 2018. The hospitals and treatment centres covered on this plan are set out in List B in Part 12 of your Tailored Health Plans membership handbook.

In Patient Benefits	
Hospital Cover	
Consultants fees (In selected hospitals only)	Covered
Inpatient Scans (In selected hospitals only)	Covered
Public Hospital (in selected hospitals only)	
Semi Private Room	Covered
Private Room	Covered
Day Case	Covered
Private Hospital (in selected hospitals only)	
Semi Private Room	Covered subject to €125 excess (first two claims per policy) subject to €2,000 co-payment on certain orthopaedic procedures <sup>(1)</sup>
Private Room	Semi-Private Rate subject to €125 excess (first two claims per policy) subject to €2,000 co-payment on certain orthopaedic procedures <sup>(1)</sup>
Day Case	Covered subject to €50 excess per claim
High Tech Hospital (in selected hospitals only)	
Semi Private Room	Covered (Beacon Only) subject to €125 excess (first two claims per policy). Mater Private 50% cover.
Private Room	Semi-Private Rate (Beacon only) subject to €125 excess (first two claims per policy). Mater Private 50% of Semi-Private Rate.
Day Case	Covered (Beacon & Mater Private Only) subject to €50 excess per claim
Listed Cardiac Procedures <sup>(1)</sup>	Beacon and Mater Private 90% cover subject to €125 excess per claim.
Listed Special Procedures <sup>(1)</sup>	Covered (Beacon Only) subject to €125 excess (first two claims per policy). Mater Private 90% cover subject to €125 excess per claim. All subject to €2,000 co-payment on certain orthopaedic procedures <sup>(1)</sup>
Maternity Benefits	
Public hospital cover for maternity	3 nights accommodation in a private room
Inpatient maternity consultant fees	Covered up to €865
Newborn free till next renewal	Yes
A&E Abroad	
Hospital bill for inpatient treatment	Covered up to €100,000
Out-patient A&E Abroad	50% up to €1,000
Additional costs arising from in-patient claim	€1,500

Irish Life Health dac is regulated by the Central Bank of Ireland.

Additional costs arising from out-patient claim	€500
Repatriation expenses	Covered up to €1 million
Companion expenses (to remain with you or travel to you from Ireland or escort you)	€1,000
24 hour telephone assistance	Covered
<b>Elective Overseas Referral</b>	
Benefit abroad for surgical procedures that are not available in Ireland	Yes - up to the amount for the most similar surgical procedure to treat the same condition in Ireland
Benefit abroad for surgical procedures that are available in Ireland	Yes - subject to level of cover available in Ireland
<b>Psychiatric Treatment</b>	
Not related to substance abuse	100 days (up to the level of Hospital Cover provided under your plan)
Related to substance abuse	91 days per 5 years (up to the level of Hospital Cover provided under your plan)
<b>Other Benefits</b>	
Health in the Home	Covered (Immediately following an inpatient stay)
Convalescence benefits	€28 x 14 days
Minor Injury Clinic Cover	70% up to €200 per visit
Cancer Support Benefit (for accommodation expenses when travelling more than 50km)	Up to €100 per day up to a maximum of €1500 per calendar year
Parent accompanying child (no minimum stay)	€25 x 2 days
Medical ambulance costs	Covered (refer to Membership Handbook)
Employee assistance program	Covered for 8 face to face visits

<b>Outpatient Benefits (not subject to excess)</b>	
Nurse on call	Covered
Digital Doctor	Unlimited. See <a href="http://irishlifehealth.ie">irishlifehealth.ie</a> for further information.
HPV Vaccine	50% up to €200 per policy year
Public A&E Cover	€60 x 3 visits
Flu Vaccine	Fully covered with our provider partner
Child nutritionist	€25 x 2 visits
First aid course for mums and dads	Fully covered with our provider partner
Child speech and language therapist	€25 x 2 visits
Adult Athletics Ireland membership	€30 contribution
Child sports club membership	€30 per child per policy year
Child orthodontics	€100 cash benefit
Health screening & allergy testing	Up to €50 per policy year
Parenting course	€50 contribution to 1 course
MRI Scan: approved centre	Covered
CT Scan: approved centre	Covered
PET-CT Scan: approved centre	Covered

### **Outpatient Benefits (subject to excess)**

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Outpatient excess per person	€125
Maximum amount of outpatient benefits per member per policy year	€4000
Consultant fees (non-maternity)	€60 per visit
GP Visits	€20 per visit
Public A&E Cover	€60 per visit
Medical and surgical appliances	As per specified list <sup>(2)</sup>
Manual Lymph Drainage	Up to €300
Emergency Dental Care	Covered up to €350
Pathology: Cost of test	50% Cover
Pathology: Consultant fees	50% per consultant fee
Radiology: Cost of test	50% Cover
Radiology: Consultant fees	50% per consultant fee
MRI Scan: non approved centre	Covered up to €250
CT Scan: non approved centre	Covered up to €250
PET-CT Scan: non approved centre	Covered up to €250

Personalised Packages	
Travel and Sports Cover	
Physiotherapist or physical therapist	€25 x 3 visits
V02 Max testing	€10 point of sale discount plus €20 contribution
Sports massage	€25 x 3 visits
Sports psychologist	€25 x 3 visits
A&E cover (including Private A&E)	€30 x 2 visits
SADS screening	€50 contribution
Adult athletics Ireland membership	€30 contribution
Adult sports club/gym membership	€30 contribution
Prescriptions Overseas	€15 x 1 prescription
Personal training sessions	€25 x 3 sessions
Yoga/pilates classes	€25 x 3 classes
Travel vaccines	€50 contribution with our provider partner plus 10% point of sale discount
Travel Vaccine Consultation	€30 contribution with our provider partner
Foam roller	50% back up to €30
Wearable tracking devices	€20 contribution
Fitted Gum Shield / Protective sports gear	50% back up to €20
Enhanced Protection and Maternity	
Partner benefit	€40 per birth
Home birth grant-in-aid	€4,000
Pre/post natal maternity costs	Covered up to €300
Antenatal class	€30 towards an antenatal class, or, €30 contribution & 10% point of sale discount with GentleBirth Workshop
Breastfeeding consultancy	€25 x 2 visits

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Maternity Mental Health support	€40 x 5 sessions with Nurture
3&4D scans (provided by Babyscan or MD Ultrasound)	€25 point of sale discount plus €25 contribution
Pre/post natal yoga & pilates	€20 x 2 visits
Fertility treatment at Beacon CARE fertility	10% discount on listed procedures <sup>(1)</sup>
His & Hers Fertility screening tests	€40 contribution
AMH fertility test	€50 contribution
Postnatal Domestic support	2 x 3 hour cleaning sessions
Early pregnancy scan	€15 point of sale discount plus €15 contribution
Baby Sleep consultation	€20 point of sale discount plus €20 contribution
Baby massage	€40 for course of 4 classes
Meningitis B / Chicken Pox Vaccinations	€50 contribution
Zika Screen	€50 contribution with our provider partner plus €10 point of sale discount
Welcome Home food hamper	Hamper and 30 minute phone consultation with a nutritionist
GentleBirth app	See handbook for details

### Member Benefits

Allen Carr Smoking Cessation	Back Up
Laser Eye Surgery	Smiles Dental Access Package
For full details on the above and all member benefits available to you please visit the 'Member Benefits' section of <a href="http://www.irishlifehealth.ie">www.irishlifehealth.ie</a>	

### Footnotes

- (1) All procedure lists are available on [www.irishlifehealth.ie](http://www.irishlifehealth.ie) or available on request by calling Irish Life Health on 1890 717 717.
- (2) The medical and surgical appliances list is available on [www.irishlifehealth.ie](http://www.irishlifehealth.ie) or available on request by calling Irish Life Health on 1890 717 717.