

Personalised Packages Range for:

- Kick-Off Plan ILH
- Kick-Off Upgrade ILH
- Nurture Plan ILH
- Nurture Plus ILH

Benefits effective from December 1st 2016

Personalised Packages are extra benefits that you can add to your health insurance plan allowing you to tailor your cover to suit your lifestyle. You can add 1 Personalised Package from the 2 detailed below to your plan at no extra cost.

Personalised Packages	
Enhanced Protection & Maternity	
Partner Benefit	€40 per birth
Home birth grant-in-aid	€4,000
Pre/post natal maternity costs	Covered up to €300
Private ante-natal class	€50 contribution
Breastfeeding consultancy	€25 x 2 visits
Post natal depression counselling	€20 x 2 visits
Miscarriage counselling	€50 x 2 visits
3&4D scans (provided by Babyscan or MD Ultrasound)	€25 point of sale discount plus €25 contribution
3&4D scans (provided by Innervision)	€37.50 point of sale discount plus €37.50 contribution
Pre/post natal yoga & pilates	€20 x 2 visits
Fertility treatment at Beacon CARE fertility	10% discount on listed procedures ¹
AMH fertility test	€50 contribution
Post natal home help	2 x 3 hour sessions covered up to €150
Alternative amount for Post natal home help	Covered up to €150
Early pregnancy scan	€15 point of sale discount plus €15 contribution
Baby sleep consultation	€20 point of sale discount plus €20 contribution
Baby Massage	€40 for course of 4 classes
Meningitis B vaccine	€50 contribution
Travel & Sports Cover	
Physiotherapist or Physical therapist	€25 x 3 visits
V02 Max Testing	€10 point of sale discount plus €20 contribution
Sports massage	€25 x 3 visits
Sports psychologist	€25 x 3 visits
A&E Cover (including Private A&E)	€30 x 2 visits
SADS screening	€50 contribution
Adult Athletics Ireland membership	€30 contribution
Adult sports club/gym membership	€30 contribution
Personal training sessions	€25 x 3 sessions
Yoga/pilates classes	€25 x 3 classes
Foam roller	50% back up to €30
Travel vaccine	10% point of sale discount